### COO MidlandsIreland.ie gateway to tourism

# Guide













The MidlandsIreland.ie brand promotes awareness of the Midland Region across four pillars of Living, Learning, Tourism and Enterprise. MidlandsIreland.ie Gateway to Tourism has produced this digital guide to the Midland Region, as part of suite of initiatives in line with the adopted Brand Management Strategy 2011-2016. The guide has been produced in collaboration with public and private service providers based in the region. MidlandsIreland.ie would like to acknowledge and thank those that helped with research, experiences

and images. The guide contains 11 sections which cover, Angling, Festivals, Golf, Walking, Creative Community, Our Past – Our Pleasure, Active Midlands, Towns and Villages, Driving Tours, Eating Out and Accommodation.

The guide showcases the wonderful natural assets of the Midlands, celebrates our culture and heritage and invites you to discover our beautiful region. All sections are available for download on the MidlandsIreland.ie

#### Content:

Images and text have been provided courtesy of Áras an Mhuilinn, Athlone Art & Heritage Limited, Athlone, Institute of Technology, Ballyfin Demense, Belvedere House, Gardens & Park, Bord na Mona, CORE, Failte Ireland, Lakelands & Inland Waterways, Laois Local Authorities, Laois Sports Partnership, Laois Tourism, Longford Local Authorities, Longford Tourism, Mullingar Arts Centre, Offaly Local Authorities, Westmeath Local Authorities, Inland Fisheries Ireland, Distillery, Kilbeggan Kilbeggan Racecourse, Office of Public Works, Swan Creations, The Gardens at Ballintubbert, The Heritage at Killenard, Waterways Ireland and the Wineport Lodge. Individual contributions include the work of James Fraher, Kevin Byrne, Andy Mason, Kevin Monaghan, John McCauley and Tommy Reynolds.

#### Disclaimer:

While every effort has been made to ensure accuracy in the information supplied no responsibility can be accepted for any error, omission or misinterpretation of this information. Where such are brought to our attention future guides will be amended accordingly.

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Inland Fisheries Ireland (IFI) is the state agency responsible for the protection, management and conservation of Ireland's inland fisheries and sea angling resources. IFI has a number of local offices and a map of their locations and contact details are given here: http://www.fisheriesireland.ie/ About-Us/contact-us.html

The angling information in this guide relates to a number of different catchments and is supplemented by the more detailed material available on our dedicated angling website: www.fishinginireland.info. Further detailed information is also available in our various angling brochures and our weekly angling updates. For more information on any of these please contact the number below.

Some of the fishing in this guide is free and some requires the purchase of a permit. Where a permit is required it is indicated in the text. If in doubt please contact IFI. IFI permits can be purchased online at: http://www.fishinginireland.info/ midland-permit.htm IFI has a hotline number for the reporting of pollution, poaching or invasive species. Should you encounter any of the above please call 1890 34 74 24 immediately.

#### Inland Fisheries Ireland,

Swords Business Campus, Swords, County Dublin, www.fisheriesireland.ie info@fisheriesireland.ie +353 1 8842600 +353 1 8360060

Ireland's canals are managed by Waterways Ireland. For further details on the canals listed in this brochure please contact:

Waterways Ireland, Eastern Regional Office, Floor 2, Block C, Ashtowngate, Navan Rd, Dublin 15 +353 (0)1 8680148 info@waterwaysireland.org www.waterwaysireland.org

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#### **Ballaghmore Lake**

Ballaghmore House, Ballaghmore, +353 (0)505 21366 Borris-in-Ossory, County Laois info@ballaghmorecountryhse.com www.ballaghmorecountryhse.com

Ballaghmore is a three and a half acre lake privately owned by the Ballaghmore Guest House. There are stocks of carp, rudd, perch, and tench.

### Ballinakill's Gill Pond and Mass Lough

Norman Rothwell +353 (0)87 2879070

These small lakes are located in the village of Ballinakill County Laois. Gill's pond contains good-sized roach, perch and some fine tench. Access for anglers with disabilities is available here. Mass Lough is the bigger of the two lakes and also contains tench pike and perch. Annual membership can be obtained from the angling club. Day permits are also available.

#### **Barrow Canal**

The Barrow Canal line running through Vicarstown to Athy holds abundant stocks of perch, bream, rudd and hybrids. Dace may also be encountered. With a quiet road running along the canal it makes for ideal fishing.

#### **Barrow River**

- Ivor Cox, The Square Mountmellick, County Laois. +353 (0)57 8624107
- P.J. Hyland, Portarlington Auto Parts, Upper. Main St County Laois
  +353 (0)57 8623456
- Finlay's Tackle Shop, St Evin's Pk, Monasterevin, County Laois
  +353 (0)45 525331
- Fisherman's Inn, Fisherstown, County Laois +353 (0)57 8626488

The section of the River Barrow that flows through County Laois is noted for its variety of both coarse and game angling. For the coarse fisherman, stocks of bream, perch, pike, and roach/bream hybrids are present and the river has produced numerous specimens near the Laois/Carlow border. For the game fisherman both wet and dry fly fishing can be had throughout the main channel in County Laois. The tributaries are also worth investigating.

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#### **Derryounce Lake**

 Portarlington Community Development Association, Community Centre, Link Rd, Portarlington, County Laois.
+353 (0)57 8645728.

Derryounce Lake, is 2 km outside Portarlington on the Edenderry road. This lake of approximately forty acres has good stocks of both brown and rainbow trout. The lake is owned by the community with input from Portarlington Angling Club. All visiting anglers are most welcome and the lake is stocked periodically to ensure good sport all season.

#### **Erkina River**

Lawlors Gala Store, The Square, Durrow, County Laois. +353 (0)57 8736234

The River Erkina is a major tributary of the River Nore. The Erkina is a relatively slow flowing limestone river with an average width of eight metres in the Durrow area. It fishes best for trout from upstream of Durrow to its confluence with the Nore and near the town of Rathdowney. It boasts great hatches of iron blues and blue winged olives. Permits are available for either day or seasonal fishing. The mid section between Rathdowney and Durrow holds good numbers of large pike to specimen size plus some large trout.

#### Laois Angling Centre

Coolrain, Portlaoise, County Laois. +353 (0)87 9962864 info@laoisanglingcenter.ie www.laoisanglingcenter.ie

Located at Coolrain, less than 5 km from the N7, the Laois Angling Center combines the peace and tranquility of the Irish countryside with exceptional game and coarse fishing. The four large spring fed lakes, surrounded by mature woodlands, Clonoghil House and farmlands provide the perfect natural conditions for both the fish and fisherman. The lakes are stocked regularly with brown and rainbow trout, carp and bream ensuring a varied and interesting experience. The modern facilities include large parking area, wheelchair access, tackle hire and light refreshments with picnic and barbeque areas.

#### **Little Bog Lake**

- Tom Treacy, Gandon Inn, Emo, Portlaoise, County Laois +353 (0)87 2530474
- Gary McDonell, Carp Anglers of Ireland +353 (0)87 2192933

Located near the Golf Club at The Heath, this lake is over six acres in size. The lake contains stocks of carp, perch and roach. This lake is managed on a daily basis by both the Carp Anglers of Ireland and Tom Treacy, Emo. Daily permits are available and visiting anglers are welcome.

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#### Nore River

- Kelly's Tackle Shop, Main Street, Mountrath, County Laois +353 (0)87 9488483 / (0)86 0658841
- Tom Watkins, 6 Fintan Tce, Mountrath, County Laois +353 (0)57 8732540
- Liam Dunne, Hardware Shop, Abbeyleix, County Laois +353 (0)57 8731440
- Martin O'Brien, Ballyroan, Portlaoise, County Laois +353 (0)57 8736437
- Lawlors Gala Store, The Square, Durrow, County Laois +353 (0)57 8736234
- Tony Holohan, The Late & Early Shop, Rathdowney, County Laois +353 (0)50 546340

The Nore and its tributaries are a delight to fish as they flow east through Castletown and on to Durrow. The main channel from Borris in Ossary to the Delour confluence is a deep slow flowing section, which holds good numbers of pike. From the Delour Confluence through Castletown on the N7 the river flow increases and trout fishing improves with good numbers of large trout available. From Kilbricken Bridge downstream to Abbyleix, the river again becomes slow and sluggish and pike and trout are available through this section. From Abbeyleix through Durrow and on to Attanagh, the trout fishing here can only be described as excellent, with good stocks of trout and some fine dry-fly water. The tributaries worth exploring include the Erkina, Goul and Whitehorse rivers along the Nore valley.

#### **Owenass River**

Ivor Cox, The Square Mountmellick, County Laois +353 (0)57 8624107

The Owenass River enters the Barrow downstream of Mountmellick. It holds a large stock of small brown trout with occasional trout to 11b.

#### **Rathdaire Lake**

Fisherman's Inn, Fisherstown, Ballybrittas, County Laois +353 (0)57 86 26488

Rathdaire Lake is in a quiet setting within Derries Wood 5 km east of the N7 between Monasterevin and Portlaoise at Ballybrittas. The lake is approximately nine acres and holds stocks of carp, bream, rudd and hybrids.

#### **Rivers Goul, Gully and Oveg**

Michael Walsh, 18 Erkindale Drive, Durrow, County Laois +353 (0)57 8736437 Lawlors Gala Store, The Square, Durrow, County Laois +353 (0)57 8736234

The Goul flows from the south west to join the River Erkina about 3 km west of Durrow. The Gully flows from the northwest to join the river Nore, 1.5 km north of Durrow. The Oveg flows from the north east to join the Nore 1.5 km south of Durrow near Attanagh. These are small tributaries of the river Nore and contain wild brown trout that can really challenge the angler.

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#### Stradbally Lake Gerry Kelly, Stradbally, County Laois +353 (0)86 0658841

Stradbally Lake is six acres in size, situated in the town of Stradbally on the Cosby Estate. It

is a brown trout fishery. Visitors are welcome on 2, 4 or 6 hour permits. The lake is regularly stocked and is open all year round.

KellavillLakenearBallintubbert is also managed by the above and is stocked with carp and rudd. The fishing here is subjected to a permit issued on site.

### Longford

Lough Naback North Longford Anglers John Boyle +353 (0)86 1963986

This lough is regularly stocked with trout. A permit is required to fish the lake and is available from local outlets Please note that the lake is a protected site.

#### Longford Coarse Lakes

Beaghmore Lake, Enaghan Lake, Guinikin Lake

These lakes contain good stocks of bream, roach, hybrids, perch, and pike, with some tench present in Guiniken.



#### **Gulladoo Lakes**

These are two big lakes. The first, Gulladoo Lower has a good stretch at a narrow section, approached down a slope from the nearby road. Here you will find good bream, roach, hybrids, perch, pike and tench. The upper lake, approached via a bridge, has shallow margins and also has the same species.

#### Hollybank Lake

Access to this lake is from the Carrigallen Road. The lake contains stocks of roach, bream, hybrids, perch, pike and tench.

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#### **Tully Lake**

Tully lake has access to the waterside and car park. There is good bank fishing for bream, roach, hybrids, perch and pike.

#### Lough Gowna

Lough Gowna and Upper Erne Angling Association, Alan Smyth, Secretary +353 (0)43 6683991

Situated near the head waters of the River Erne in the north of County Longford bordering County Cavan, lies a maze of lakes known collectively as Lough Gowna. There are good stocks of trout in these lakes as well excellent stocks of coarse fish.

#### Andy's Point, Church Lake

The best swims are approached over the first stile. Bream, roach, hybrids, perch, pike, eels are all present. There is access to parking at the waterside.

#### Cloone

Best fishing to the left, by the island, for bream, roach, hybrids, perch, pike, eels and some brown trout. Waterside parking.

#### **Dernaferst Area**

An amenity area with good waterside park. The lake is to the south and approached under the bridge and has good swims at the stile. Fishing is for bream to 4lb., with roach, hybrids, perch and pike. On the northern lake, the best bream swims are 200 m along the bank. This lake also holds some brown trout.

#### Dring

Good stocks of bream, roach, perch and pike.

#### **Camlin River**

The Camlin River is a slow moving river in the lower sections around Longford town and near its confluence with the River Shannon at Clondra. It holds good stocks of bream, roach and hybrids with some tench to 5lbs. Fishing is into depths of about 5-10 feet in normal conditions. Anglers can have good sport here particularly during the early summer months. The upper section of this river above Longford, has good stocks of trout to 1lb. A fishing permit is required from IFI to fish this river.

#### Lough Sallagh

Lough Sallagh is a very shallow lake located in north Longford beside the village of Ballinamuck. The lake has a good stock of bream to 2lbs and also has a stock of roach, tench and perch. The lake becomes very weedy during the summer months. This has a very good bank access and a boat launching area. The public road runs along the lake shore.

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#### **Rath River**

The Rath River joins the Inny upstream of Ballymahon, County Longford. It holds a stock of small brown trout averaging eight inches. It is best fished early in the season, in March and April. An IFI permit is required to fish this river.

#### Shannon River – Clondra

Clondra village is a suitable centre for fishing this section of the Shannon and all angling services are available.

#### Shannon River – Hot Water Stretch

The well known Lanesborough 'Hot Water Stretch' lies just north of Lough Ree. With a regular release of hot water from the power station, this venue provides the ideal conditions for coarse fish. Tench, hybrids, roach and large bream abound in the waters here. The best time for large bream is from late March to the end of May but it can also be productive at other times, weather and river levels permitting. Lanesborough is also an ideal base for the pike angler interested in fishing Lough Ree where you can catch pike up to 20lbs or more.

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#### Shannon River – Kilnacarrow

Kilnacarrow is a very secluded area located approximately 3 kms upstream of Lanesborough. The area fishes best from April to October. It can also fish very well for roach during the winter and spring months given suitable water levels and conditions. There are quality bream, roach, hybrids and some tench. It is especially productive during the summer. Ledger fishing with a long cast is likely to produce the best results. During high summer boat traffic can be a nuisance and can upset fishing here.

#### Shannon River – The New Cut

The New Cut is located on the Shannon downstream of Lanesborough near Lough Ree. There is an island in the centre of the river. Fishing is possible from the main bank and the northern end of the island. You can expect to catch large bream, roach, hybrids, perch and pike.

#### **Royal Canal**

The Royal Canal line running through Abbeyshule to Ballymahon holds stocks of roach, perch, tench, and pike. The canal was opened to navigation, through to its terminus at Richmond Harbour, Clondra, in 2010, and the towpaths are fully accessible.

### Offaly

#### **Boora Parklands**

Teach Lea, Leabeg, Tullamore, County Offaly +353 (0)57 9345978 info@loughbooraparklands.com www.loughbooraparklands.com

As areas of the Parklands came out of commercial peat production a number of still water fishing lakes were developed as both local and tourist amenities. The work was carried out by Bord na Móna in conjunction with the Lough Boora Parklands Group, with advice provided by the Central and Shannon Regional Fisheries Boards. Development work began in 1994 and four freshwater fisheries have been created. Details of these fisheries are given below:

#### Boora Lake, Boora Parklands

Boora Lake is situated in Boora Parklands, south of Loch an Dochais, on the western side of the Cycle Path Road. The lake covers an area of just under five hectares. The deeper side runs alongside the road and most of the angling is done from this shore and its stands. A coarse fishing lake, it holds good stocks of adult tench over four pounds in weight, and roach. While there is no closed season, best results are had between April and October. The use of worms, maggots, sweetcorn or breadcrumb is recommended and pre-baiting is advised.

### Loch Clochan, Boora Parklands

Loch Clochan is situated 2 km east of Cloghan village on the northern side of the R357. The lake covers an area of three and a half hectares and has depths of up to two and a half metres. The lake is stocked with trout regularly and the average fish size is three quarters of a pound but it is not uncommon to catch fish up to two pounds. The open season is between May the 1st and October the 12th, 8am to 10pm. Fly fishing from the bank or stands is the only method permitted and there is a bag limit of three fish per rod, per day. All tickets are available from Daley's Londis Supermarket in Cloghan.

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#### **Grand Canal** - Edenderry

Nine permanent match stretches occupy the length of the Grand Canal within 15 km of Edenderry town. This section of canal corridor is unconfined by lock gates for 31 kilometres. Each stretch is permanently marked and contains a minimum of 25 pegs, spaced at 30 metre intervals. The towpaths are driveable and adjacent car parking facilities are provided. The towpaths, like the canal itself, are maintained to the highest standard by Waterways Ireland, while the angling conditions are beyond parallel. A vast number of mixed coarse fish have been stocked into the canal over the past ten years, the health and population status of which is regularly assessed. Because of the superb bank-side facilities, the large and diverse fish stock and the wide range of managed match stretches, Edenderry had been the venue of choice for many major angling events in Ireland. Each year the Edenderry Coarse Angling Club (CAC) stages two major festivals on the canal.

#### Finnamores Lake, Boora Parklands

Finnamores Lakes consist of Finnamores Upper and Lower. The two lakes cover a total area of ten hectares and are up to three metres in depth. Bank fishing is available and stands are also in place. Both lakes have been stocked with adult tench (up to four pounds in weight), juvenile carp and adult bream.

#### Loch an Dochais, Boora Parklands

Developed in 1995 and just under a hectare in size, it has a maximum depth of two metres. A coarse fishing lake, it holds good stocks of tench with regular catches of fish averaging over three pounds. The lake also holds a stock of small perch. The use of maggots, worms or sweetcorn is recommended and prebaiting is advised. There is no closed season but best results are achieved between April and October.LochanDochaishasbeendeveloped to facilitate anglers with disabilities.



These are the Guinness Solo three-day Festival in June and the two-day Edenderry ADC Coarse Angling Festival in July.

#### **River Shannon, Banagher**

This is a well-established and well-serviced coarse angling centre with specialist operator's resident to look after your needs. There are plenty of angling venues around the centre, mainly on the main River Shannon and on the numerous backwaters near the town. This area fishes very well in the May/June period when many of the backwaters are full of bream and tench. Access is very good generally, with a number of developments including new access roads and other facilities.

#### River Shannon, Shannonbridge

The hot water section below the town producessome wonderful big tench along with good catches of bream, roach and hybrids. The backwaters at Capalitra, Mickie's Pond and Clonfert can provide excellent fishing in quiet surroundings. Fishing is free on the River Shannon but an IFI permit is required for the River Suck which joins the Shannon close by.

#### **River Brosna**

The River Brosna rises in Lough Ennell, near Mullingar in County Westmeath and flows through County Offaly where it joins the Shannon at Shannon Harbour. Wild brown trout to 3lbs+ are present along with croneen. During the summer months small runs of salmon enter the river with the best fishing at Clonooney and Belmont in County Offaly. It is a limestone water and fish can be caught using wet and dry flies. While access is good at the road bridges, the banks can be difficult to negotiate in places due to drainage works. An IFI permit is required to fish this river.

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#### **Little Brosna River**

The Little Brosna River is a rich limestone river which rises in Dunkerrin, near Roscrea and flows north westward via Birr. There are good stocks of brown trout in the river and some Croneen, which arrive in late June. Bank fishing only with artificial fly, spinning and worm bait. An IFI permit is required to fish this river.

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#### **Silver River**

The Tullamore Silver River flows west to join the Clodiagh River downstream of Rahan, County Offaly. It holds a good stock of brown trout averaging 6 oz. It can be fished early in the season from its confluence with the Clodiagh upstream. This is a limestone river with a good mayfly hatch. An IFI permit is required to fish this river.

#### **Pallas Lake**

Pallas Lake is a small fishery 13 km south-west of Tullamore. It is stocked with brown trout and rainbow trout. Bank fishing only is permitted. The fishing methods are restricted to artificial fly, and there is a six-trout bag limit and an eleven inch size limit. An IFI permit is required to fish this lake.

#### **Yellow River**

Mr Gerry Brennan, Chairman, Edenderry & Castlejordan Angling Association Edenderry, County Offaly. +353 (0)46 9772871.

The Yellow River rises north of Daingean and flows in an easterly direction for approximately 20 km before entering the Boyne 5 km above Ballyboggan Bridge. This river has a good stock of small trout but the stretch below Clongall Bridge holds trout up to 2 lbs. in weight. Edenderry and Castlejordan Angling Association controls angling on the Yellow River. All legitimate methods are permitted and day permits are available

#### **Camcor River**

The Camcor River rises on the western slopes of the Slieve Bloom Mountains. It is a primary tributary of the Little Brosna and these join in Birr Castle Demense. The river has a very good supply of croneen. From late June onwards, they enter the river upstream of Birr where angling is best. It is bank fishing only with artificial fly, spinning and worm only. An IFI permit is required to fish this river.

#### **Clodiagh River**

The Clodiagh River flows north through Clonaslee and Rahan to join the River Brosna. It holds some good stocks of trout and gets a good late run of salmon. The best of the brown trout fishing is from Rahan to the junction of the Tullamore River; the best of the salmon fishing is in a stretch downstream of Rahan, and the salmon usually arrive in July. An IFI permit is required to fish this river.

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### Westmeath

Lough Lene Tommy Fagan, Inisfree, Collinstown, County Westmeath. +353 (0) 44 9661359

Lough Lene is located along the R395 between the villages of Castlepollard and Collinstown. This large limestone lake has extensive shallows and gin-clear water. It is noted for its large brown trout which can reach over two pounds in weight. Public access to Lough Lene is at the area known as "The Cut" on the eastern shore, near the village of Collinstown. Day permits are available and boats can be hired locally.

#### Lough Owel

Lough Owel is located beside the N4, 4 km North West of Mullingar. Access is provided at several locations. The water is very clear with visibility up to 7 metres. The lake has a large resident stock of wild brown trout with an average size of two pounds. Trout up to six pounds are taken every year on the fly. Large hatches of duck fly occur from mid April to the end of the month. Fish can be taken with wet cell 2 lines, sink tip and intermediate lines that carry a team of size 12 flies. After the duck fly in early May, the sooty olive and sooty olive bumble, fish best. Around the third week in May big hatches of buzzer occur along the Portloman shore. Fish can be caught on such flies as the OMBI (12), fiery brown (10) when the ribbed midges are on the water.

Small hatches of mayfly occur from Cornfield to Brabazon Bay. All patterns of mayfly work, but the grey gosling is exceptionally good as a nymph pattern. With a large hatch of natural mayfly a green drake is worthwhile.

Lough Owel is famous for its large hatches of sedges towards the end of July to the middle of August – much to the delight of the dry fly enthusiast. There are several different species of sedges ranging from flies of 35mm in length to approximately 15mm; all fished wet and dry including green peters, cinnamon peter, black peter and the murrough. Dapping grasshoppers and daddy long legs in August/ September can also yield good results.

Boats can be hired from Jack Doolin at the entrance to the lake on the Old Longford Road. An IFI permit is required to fish this lake.

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#### Lough Ennell

Lough Ennell is situated beside the N52, off the Mullingar to Kilbeggan Road. The lake is 7 km long by 3 km wide with an area of thirteen hundred hectares. An important feature of this lake is its huge area of shallow water. Half the lake is less than five metres deep. Lough Ennell is a high pH lake and can carry big numbers of trout. The conformation and colour of Ennell trout is remarkable, being shaped more like a grilse than a trout and coloured like bars of gold.

During March, wet fly fishing can be very productive in many parts of the lake especially in shallow water up to a metre deep. Favourite flies are very small: claret bumble, bibio, sooty olive and fiery brown fished slowly. Duck fly commence to hatch in large numbers in early April with deep water being the most productive angling location. Normally the mayfly hatch starts around the end of May and continues to almost the middle of June. The best time for spent gnat fishing is usually the middle two weeks in June, which can be very rewarding with big fish taken. Popular flies to fish during mayfly time are golden olive bumble, raymond, murrough, spent gnat, sooty olive, cock robin and local patterns of size 10 and 12 even in a big wave. Big hatches of welshman's button (sedge) continue to the end of June to tempt the larger trout to the surface. An IFI permit is required to fish this lake.

#### Lough Sheelin

IFI office +353 (0) 49 4336144.

Lough Sheelin is a little more than 7 km long and over 2 km wide. It has an area of approximately four thousand acres (eighteen hundred hectares). The Lough is situated in the North Midlands on the borders of Cavan, Meath and Westmeath and is part of the River Inny system. This is a rich limestone Lough with a capacity to produce and maintain a large stock of large wild, pink fleshed trout. The high pH factor of the water, combined with its low average depth profile gives it a unique trout producing potential. Fishery scientists have calculated that it has a capacity to carry a bigger stock of brown trout than any Lough in Ireland. The lake gets abundant hatches of chironomids, mayfly and sedges and fishes well throughout the season, regularly producing trout in the 5lb+ category. An IFI permit is required to fish this lake.



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#### **Lough Glore**

Lough Glore lies to the left off the Castlepollard-Oldcastle road, 4 km from Castlepollard. It holds an excellent stock of wild brown trout with a high average size of over 2lbs (1kg). It produces trout from 5lbs (2kg) to 7lbs (3kg) every season. The important fly hatches are lake olives in April, chironomids in May - June, while later in the year about mid to the end of July sedge fishing is very productive, including the green peter. Wet fly fishing gives best results in April and again in September. Open season is March 1st to October 12th. The size limit is 25.4cm (10 inches) and a daily bag limit of six trout applies. Artificial fly and spinning only is permitted. Coarse and pike fishing is permitted subject to local regulations. An IFI permit is required to fish this lake.

#### **Mount Dalton Lough**

Mt Dalton is a small trout lake located near the village of Rathconrath eight miles from Mullingar on the Ballymahon Road. The Lough is a productive fishery and has hatches of olives, chironomids and sedges. Fishing is with fly from a boat only. An IFI permit is required to fish this lake.

#### White Lake

Ita Halpin, The Seven Wonders, Fore, County Westmeath. +353 (0) 44 9661114.

White Lake is in a deep valley approx. 5 km from Castlepollard. Access to the lake is at Sallymount, Fore. This limestone lake is stocked by the local angling club and holds both brown and rainbow trout. There are good parking facilities available.

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#### Mongagh River

Gerry Brennan, Edenderry & Castlejordan Angling Association Edenderry, County Offaly. +353 (0) 46 9772871.

The Mongagh River rises near Tyrrellspass and Rochforthbridge and it flows for 20 km through County Westmeath in an easterly direction before joining with the Yellow River just upstream of Clongall Bridge, near Castlejordan. This river holds a good stock of small wild brown trout which is complemented by small stock of fish up to 2lbs in weight.

River Deel Paddy Connaughton, Deel & Boyne Angling Association. +353 (0)44 9374595

The River Deel derives its source from the crystal clear waters of Lough Lene in County Westmeath and flows for 34 km in a south easterly direction passing through the village of Raharney before joining with the River Boyne 2 km upstream of Inchamore Bridge. The River Deel is a limestone river and it is characterised by the clarity of its water. There are excellent hatches of fly on this river including various upwing species and sedges. Many areas of this river hold good stocks of wild brown trout to over 2lbs. weight. This river fishes best during April, May and June before its luxuriant growth of weed gets firmly established. Permit required.

#### **Ballinafid Lake**

Ballinafid Lake is located north of Mullingar, to the north east of Lough Owel on the Longford Road (N4). This is a small lake of about six acres and is regarded as an excellent bream and carp fishery. It also holds a good stock of tench. The lake has good parking just off the main N4 at the Covert Roadhouse. An IFI permit is required to fish this lake.

#### **Doolin Carp Pond**

This small pond is located south east of Mullingar Town. Drive along the Rochfortbridge road to Gainstown crossroads, take a left turn and then after another kilometer take another left turn, check with local landowner regarding access. It can produce good rudd fishing (small fish), roach and some carp up to 8lbs. An IFI permit is required to fish this lake.

#### Lough Derravaragh

Lough Derravaragh is a long narrow lough almost 8 km in length with an area of over one thousand and eighty hectares. It is regarded as a mixed fishery as it supports a decent brown trout population along with good numbers of pike. The northern part of the lake which is broad and shallow is where most of the trout angling occurs. Although trout stocks are not as plentiful as other lakes in the region, fly fishing can be worthwhile, especially during the mayfly hatch. Sizeable trout can be taken on the troll during September - October. The southern part of the lake is best for pike particularly around Clinton's and Donore. While a boat offers a distinct advantage the southern neck of the lake at Crookedwood allows for excellent shore

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fishing subject to permission by local landowner. An IFI permit is required to fish this lake.

#### Gaulmoylestown Lake +353 (0)86 1004768

This small but very special lake is well stocked with carp. Turn left at Taughmon Church on the Mullingar to Castlepollard road about 8 km from Mullingar. There is roadside parking at the waters edge. Depth is 1 to 2 metres and is mostly shallower where there are weeds. It is also fishable from the bank under the hill. This lake is privately owned and a permit is required.

#### Lough Iron

Lough Iron is fringed with dense weed beds and holds large pike. There is no public access to the Lough except from the River Inny, so a boat is required. It also has tench, bream, roach, hybrids and perch. An IFI permit is required to fish this lake.

#### Lough Kinale

Lough Kinale near the village of Finea holds very good stocks of coarse fish and once held the Irish record Roach/Bream Hybrid. The lake also has good stock of pike to 20 lbs. Boats can be hired from O'Reilly's Guesthouse in Finea. An IFI permit is required to fish this lake.

#### **Lough Patrick**

This fishery is located a few kilometres to the south east of Multyfarnham village on the road to Crookedwood about four miles from Multyfarnham. It is a typical tench fishery and the best time to fish is early morning during May and June. There is roadside parking only. Access is fair but requires a walk of about twothree hundred metres to get to the shores. There is one fishing stand. An IFI permit is required to fish this lake.

#### Lough Ree – Coosan Point and Inner Lakes on South Eastern Shore

These lakes contain all the main species of coarse fish and are particularly noted for large tench on Coosan Lough. The Inner Lakes are also noted for rudd as well as most other coarse fish species. The channel between the main Lough and Coosan Lough is deep (twentythirty feet) and holds a good head of bream. For best results pre-baiting is recommended. This is a very good area for pike fishing. There is a boat launching slipway available.

The lake at Barrymore on the Roscommon Road, about four miles from Athlone holds a good head of bream, roach and hybrids. To avoid the snags it is advisable to fish about forty metres out. Pre-baiting is essential for best results.

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#### **River Inny**

The River Inny is over 50 km in length and you can expect very good fishing for roach, bream and pike. The river varies in depth from approximately 1.5 metres to over 3 metres during normal water levels. The best fishing stretches are at Coolnagun, Inny Bridge and Ballycorkey Bridge. Angling access is provided at the bridges and in most cases extensive bank fishing is available up stream and down stream from these bridges. There is a large stock of pike in many locations throughout the length of the river with numerous hot spots. The river in the vicinity of Ballinalack on the N4 has excellent stocks of pike. Fish of over 10 kgs are caught each season, the norm would be under 4 kgs. The River Inny above the bridge at Ballycorkey is a 'Hot Spot' for roach and below the bridge is especially noted for its good bream. An IFI permit is required to fish this river.

#### **Sheever's Lake**

Sheever's Lake holds a good stock of bream, roach hybrids. This is an open shore fishery with good firm banks. The access road to this lake is private and subject to the land owner's permission. An IFI permit is required to fish this lake.

#### Slevin's and McEvoy's Lakes

Slevin's lake is approximately forty acres in area lake also is located very close to Mullingar town on the Castlepollard Road. Species include bream and tench predominantly. Other species present are rudd, roach, perch and hybrids. Mc Evoy's Lake, a small two-acre fishery is in very close proximity to Slevin's lake, has a good stock of rudd, roach, hybrids and small carp. An IFI permit is required to fish this lake.

#### **Royal Canal**

There are coarse fish in all sections of the canal. The most predominant species are tench of three to four pounds with the occasional larger fish present. There are also bream, perch and pike. Noted areas around Mullingar are Kilpatrick's Bridge, Ballinea Bridge, and the Harbour at Pipers Boreen.



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### Tackle Shops

### Laois

The Tackle Shop Mountrath, County Laois +353 (0)57 8732162

#### Irish Fly Craft

Game Angling Rods and Reels Local knowledge Abbeyleix, Co Laois, Ireland. +353 (0)86 8451257 irishflycraft@eircom.net www.irishflycraft.com

#### Laois Fishing Supplies

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### Longford

Edward Denniston & Co Centenary Square, Longford Town, County Longford +353 (0)43 46345

#### J & B Holmes

Main St, Lanesborough, County Longford +353 (0)43 21491

### Offaly

Brendan Kenny Bridge Street, Clara, County Offaly. +353 (0)57 9331866

#### Killeens Village Tavern

Shannonbridge, Athlone, County Offaly jimmyjkilleen@yahoo.com www.shannonbridge.net +353 (0)90 9674112

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The Old Forge West End, Banagher, County Offaly. kmduthie2@eircom.net +353 (0)57 9151504

#### The Tackle Shop

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Shannonbridge, County Offaly. +353 (0)90 9674124

Cunningham's Fishing Tackle Durrow, County Offaly +353 (0)57 9331851



### Westmeath

David O'Malley 33 Dominick Street, Mullingar, County Westmeath. dpomalley@eircom.net +353 (0)44 48300

#### **Geraldine Clarke**

Finea, Lough Sheelin, County Westmeath. +353 (0)43 81158

#### Lough Ree Active

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#### Scully Guns and Tackle

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### Permit Distributors for Game and Coarse Fishing

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Portarlington Auto Parts Main Street, Portarlington, County Laois. +353 (0) 57 8623456

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Cunningham's Fishing Tackle Durrow, Tullamore, County Offaly. +353 (0)57 9331851

Dermot Kenny's Shop Bridge Street, Clara, County Offaly. +353 (0)57 9331866 Kevin Martin The Tanyard, Tullamore, County Offaly. +353 (0)87 9672233

Michael Davis Emmet St, Birr, County Offaly. +353 (0)57 9120323

Michael Madden Townsend St, Birr, County Offaly. +353 (0)57 9120135

The Old Forge Fishing Tackle Banagher, County Offaly.

+353 (0)57 9151504

Tackle Shop Rahan, Tullamore, County Offaly. +353 (0)57 9355979

### Westmeath

Deirdre Foxe Annagh, The Pigeons, Inny Bay, Athlone, County Westmeath. +353 (0)90 6485284

Derek King Castlepollard Angling Club, 6 Castle Grove, Castlepollard, County Westmeath. +353 (0)44 9661852/9661033

Ita Halpin The Seven Wonders, Fore, County Westmeath. +353 (0)44 9661114

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#### Paddy Connaughton

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Secretary, Deel and Boyne Anglers Association. +353 (0)44 9374595

#### Scully Guns & Tackle

3 Pearse Court, Athlone County Westmeath. +353 (0)90 6492486

#### **Inland Fisheries Ireland**

Mullingar Office, Tudenham Lodge, Mullingar, County Westmeath. +353 (0)44 9348769

#### The Maxol Filling Station

Lynn Road, Mullingar County Westmeath. +353 (0)44 9344088

#### Tommy Fagan

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